COVID-19

Tigerton Fitness Center Rules

Updated 5-29-21

Your health and safety is our highest priority! While extra measures will be part of our new normal, understand that using the Fitness Center is <u>AT YOUR OWN RISK</u>.

- 1. Members should sanitize equipment before and after use.
- 2. Please wash your hands before and after each workout.
- 3. Please bring your own water bottle. Bathrooms will be open but the drinking fountains will be turned off.
- 4. If you are sick or experiencing any symptoms, please stay home.
- If you get the urge to cough or sneeze, cover your nose and mouth with a paper towel. Wash your hands and face thoroughly before returning to your activity.
- 6. Shirts and shoes must be worn at all times.
- 7. Avoid using lifting gloves or other personal items that are not easily cleaned.
- 8. The Tigerton School District has the right to refuse service to anyone exhibiting symptoms or not following facility guidelines.